



SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: COUNSELLING AND HUMAN SEXUALITY

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Code No.: CCW 505-3

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Program: CHILD AND YOUTH WORKER

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Semester: FIVE

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Author: MICHAEL MCFARLING

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Date: *Fall 1990*

APPROVED:

*H. DeRosario*

DATE:

*June 29/90*

Course Title

Course No.

Instructor: Michael McFarling  
Office #468  
759-6774, Ext. 549

Time: Tuesdays 1:30 - 4:30 p.m.  
Start: September 4, 1990

PREREQUISITE: Counselling Skills II  
PHILOSOPHY/GOALS

In general, this course will present the student with an understanding of the development of society's attitude about human sexuality. More specifically, the course will foster an awareness and comprehension of human sexuality through examination of typical and atypical behaviour and attitudes about sexuality. The implications of this in working with disturbed or troubled youth will be a major area of focus.

The principal goal of this course is to present to the student a body of facts and perception in the area of human sexuality. In conjunction with this, it is anticipated that the student will explore his/her own "sexual" values and attitudes and reach an understanding of how they influence the helping relationship.

STUDENT PERFORMANCE OBJECTIVES

- a) To become aware of basic human anatomy and physiology.
- b) To examine the issue of sex-education for children.
- c) To study sex-role learning.
- d) To study the implication (physiological and psychological) of puberty.
- e) To become aware of the methods of contraception.
- f) To study the physical and emotional complexities of pregnancy, childbirth, and abortion.
- g) To study the impact of personal crisis i.e. incest, rape, and their implications to treatment.
- h) To recognize and formulate methods of dealing with appropriate and inappropriate sexual behaviour by the disturbed child.
- i) To examine variations in sexual behaviour i.e. homosexuality.
- j) To examine legal and ethical issues involved in sexual decision making with clients.

REQUIRED STUDENT RESOURCES

- a) Text: Sexuality Today - The Human Perspective. Connecticut, Duskin Publishing Group. 1989

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EVALUATION METHODS

Methods of presentation will vary, relative to subject matter.

- a) To maintain regular attendance
- b) To participate actively and fully in class discussion.

c) To prepare and submit a book report on an approved text.

a) Attendance and Participation	15%
b) Book Report	5%
c) Two tests on material presented & assigned readings	60%
d) Seminar presentation	<u>20%</u> (See attached)
Total	100%

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SEMINAR TOPICS

1. Advances in reproductive technology have enabled many to realize their dream.  
Advances in this technology have also opened up new areas of legal, emotional, and ethical dilemma.
2. The politics of abortion.
3. Women are the primary victims of sexual exploitation in our society.
4. Sexual attitudes, be they negative or positive, are an outcome of socialization.
5. Sexual Assault: Sex, Power or Violence.
6. One's sexual choices and behaviour are often viewed as a reflection of their ultimate worth as a person.
7. The general public often has an inordinate fear of AIDS. How do you account for this, validate the perceptions, pros/cons?

SEMINAR PRESENTATIONS

Presentations in Human Sexuality will follow group presentation format. Student directed information transfer plays an integral role in this course. In that regard, the following criteria needs to be met:

1. Each group will be responsible for an entire classroom session - three (3) hours.
2. Topic area needs to be covered appropriately.
3. It is the responsibility of each group to assign themselves a letter grade reflective of group process involved in preparation and presentation of the seminar.
4. Seminars and participants will be evaluated according to usual format (attached).
5. Any handouts, overheads, etc. can be prepared by the instructor. **One week's lead time is required.**
6. Seminar content is an essential part of course curriculum and comprises a significant portion of material on which overall success in the course is evaluated.
7. Students are required to evaluate seminar presenters prescribed format.